



Notice of Code of Conduct Zone Health and Fitness

This notice outlines the member, program participants, guests and visitors code of conduct and its impact on access and membership. Please review it carefully.

Code of Conduct

In the interest of encouraging a positive and comfortable environment, Zone Health and Fitness has established the following “code of conduct” governing patron conduct at Zone Health and Fitness. Department staff shall have the discretion to determine the appropriateness of attire and may make special exceptions for patrons in certain programs where applicable.

The following attire is not permitted:

- Revealing or see-through clothing
- Exposed underwear including boxers and bras
- Shorts and pants with belts, studs, rivets and zippers
- Exposed genitalia, pubic region, breasts or buttocks
- Saggy pants revealing underwear or any portion of the body below the naval
- Clothing that is deemed unsafe to be worn during physical exercise
- Open-toed shoes or shoes without backs
- Clean swim attire must be worn in the whirlpool, sauna and steam room
- No mid-rift tops on main floor (*Permitted in PREMIER classes only).
- No stringers.

The following behavior is not permitted:

- Verbally abusive behavior including angry or vulgar language, including swearing, name-calling or shouting.
- Physical contact with another person in any angry, aggressive or threatening way.
- Theft or behavior that results in the destruction of Zone Health and Fitness property.

The following behavior is not permitted:

- Any demonstration of sexual activity or sexual contact with another person including sexually explicit conversation.
- Harassment or intimidation by words, gestures, body language or any menacing behavior including via social media. This behavior is inappropriate toward other members, guests, visitors and Zone Health and Fitness staff.
- Using or possessing illegal chemicals or alcohol on Zone Health and Fitness property, in Zone Health and Fitness vehicles, or at Zone Health and Fitness sponsored programs.
- Any other conduct of an inappropriate, threatening or offensive nature.
- Loitering is not permitted in or outside of Zone Health and Fitness.
- Smoking is not permitted in or outside Zone Health and Fitness. Zone Health and Fitness and its property is a smoke-free environment.
- Pets are not permitted on Zone Health and Fitness property.
- Slamming weights and abusing gym equipment is not permitted.